

Reach for Resilience

Helpline for
ND Healthcare Workers



Call us at
701-365-4920

Identify yourself as a healthcare worker



Individual support

- ❖ Clarify concerns and guide you to Behavioral Health Resources.

Our website is currently
under construction



Organization Outreach

- ❖ Share Best Practices for Resilience through:
 - Monthly Newsletters
 - Resource Flyers
 - Webinars



We're here 24/7

Thanks to our partnership with FirstLink

If you're in immediate crisis, call the Suicide Prevention Lifeline:

1-800-273-8255

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